

TEMPERAMENT DESCRIPTIONS

Table 1: LEADER/CHOLERIC TEMPERAMENT:

General Characteristics: They are the doers. They like to lead and are usually good at making decisions. They are very goal-oriented and enjoy challenges, difficult assignments, and opportunity for advancement. Because they are thinking of the goal, they can step on people to reach it, becoming very aggressive and competitive. They must guard against being too bossy or in taking charge in other's affairs.

Biblical Example: Paul

Case Study: Acts 9:3-19

Strength: Goal-oriented, strong, direct

Possible Weaknesses: Argumentative, too dictatorial

Limitation: Doesn't understand that directness can hurt others, hard time expressing grace

Table 2: EXPRESSOR/SANGUINE TEMPERAMENT:

General Characteristics: They are the talkers. They are very social and love people. They enjoy being popular and influencing and motivating others. They can sometimes be hurt when people do not like them. This temperament usually has lots of friends, but not deep relationships. They love to goof-off. (They are notorious for messy rooms.) They often like to hurry and finish jobs. (Jobs are not often done well.)

Biblical Example: Peter

Case Study: John 21:1-22

Strength: People person, open, positive

Possible Weaknesses: Talks too much, too permissive

Limitation: Remembering past commitments, follow through with discipline

Table 3: ANALYST/MELANCHOLIC TEMPERAMENT:

General Characteristics: They are the thinkers and organizers. They feel that there is a right way to do everything and usually have a high degree of perfectionistic tendencies. Their personalities are very creative. They desire to solve everything and to take their time and do it right. They do not like sudden changes and need reassurance.

Biblical Example: Moses

Case Study: Exodus 3-4

Strength: High standards, order, respect

Possible Weaknesses: Unrealistic expectations of self & others, too perfect.

Limitation: Seeing the optimistic side of things, expressing flexibility

Table 4: DEPENDABLE/PHLEGMATIC TEMPERAMENT:

General Characteristics: They are the watchers. They are good at making friends and are very loyal. This temperament does not like big changes. They look for security and can be very sensitive. They are very caring and have deep relationships, but usually only a couple of close friends. They want to be loved by everyone and look for appreciation. They work best in a limited situation with a steady work pattern.

Biblical Example: Abraham

Case Study: Genesis 12-22

Strength: Accommodating, calm, affirming

Possible Weaknesses: Indecisive, indifferent, difficulty expressing emotions, too soft on other people

Limitation: Seeing the need to be more assertive, holding others accountable